



**NORTHERN NSW**  
**FOOTBALL**

**NORTHERN INLAND**

**2025**

**Northern NSW Football**

**Northern Inland**

**Competition Rules**

**Tamworth Senior**

**Tamworth Youth**



**NORTHERN**  
**NSW**  
**FOOTBALL**

**NORTHERN INLAND**



# NORTHERN NSW FOOTBALL

## NORTHERN INLAND

1. SCOPE & DEFINITIONS .....	3
2. COMPETITION STRUCTURE.....	3
3. PLAYER REGISTRATIONS .....	4
4. AGE RESTRICTIONS .....	4
5. FINALS SERIES.....	5
6. FINALS ELIGIBILITY .....	6
7. MOVEMENT BETWEEN AGE GRADES/DIVISIONS.....	7
8. YOUTH PLAYING INTO SENIOR COMPETITIONS.....	8
9. MATCH DURATION .....	8
10. MATCH BALLS .....	9
11. TEAM OFFICIAL & TECHNICAL AREA.....	9
12. INTERCHANGE OF PLAYERS .....	9
13. RESCHEDULED FIXTURES .....	9
14. WINNERS MEDALLIONS / AWARDS.....	10
APPENDIX A – AWARDS .....	11



### 1. SCOPE & DEFINITIONS

- (a) These Northern Inland Competition Rules are to be read in conjunction with the Northern NSW Football – Northern Inland Competition Regulations.
- (b) All definitions in the Northern NSW Football – Northern Inland Competition Regulations will apply in this document.
- (c) These Competition Rules cover:
  - (a) Tamworth Senior Competitions
  - (b) Tamworth Youth Competitions

### 2. COMPETITION STRUCTURE

- (a) Women's Senior Competitions
  - (a) Tamworth Women's Competition
    - (i) The Tamworth Women's competition is comprised of 11 teams.
    - (ii) Teams will play each other 1 time over 11 rounds.
    - (iii) At the conclusion of these 11 rounds the competition will then be split into two separate divisions
      - 2.a.a.iii.1. The top 5 teams will be placed into the Women's Premier League Competition where each team will play each other 1 time over 5 rounds before the final series commence
      - 2.a.a.iii.2. The bottom 7 teams will be placed into the Women's 2<sup>nd</sup> division competition where each team will play each other 1 time over 7 rounds
- (b) Men's Senior Competitions
  - (a) 3<sup>rd</sup> Division
    - (i) The Tamworth 3<sup>rd</sup> Division is comprised of 12 teams.
    - (ii) Teams will play each other once or twice over the 18 rounds before the final series commence.
  - (b) 4<sup>th</sup> Division
    - (i) The Tamworth 4<sup>th</sup> Division is comprised of 6 teams.
    - (ii) Teams will play each other 3 or 4 times over the 18 rounds before the final series commence.
- (c) Tamworth Youth Competitions
  - (a) Under 12 Competition



- (i) The Under 12 Competition is comprised of 11 teams.
- (ii) Teams will play each other once or twice over the 15 rounds before the final series commences.

**(b) Under 13 Competition**

- (i) The Under 13 Competition is comprised of 9 teams.
- (ii) Teams will play each other 1 or 2 times over the 15 rounds before the final series commences.

**(c) Under 14 Competition**

- (i) The Under 14 Competition is comprised of 5 teams.
- (ii) Teams will play each other 3 or 4 times over the 15 rounds before the final series commences.

**(d) Under 15/16 Competition**

- (i) The Under 15/16 Competition is comprised of 8 teams.
- (ii) Teams will play each other 2 or 3 times over the 15 rounds before the final series commences.

**(d)** Northern NSW Football – Northern Inland reserve the right to alter the format of each competition structure.

**(e)** Points will be awarded in accordance the 2024 Northern NSW Football – Northern Inland Competition Regulations for all competitions

### 3. PLAYER REGISTRATIONS

- (a)** Players and Team Officials must be registered in accordance with Northern NSW Football – Northern Inland Competition Regulations 2024.
- (b)** A squad list must be submitted to Squadi before Round 1 of all Competition Fixtures.
- (c)** Clubs must fill the minimum number of players per team:

Age Group / Division	Minimum Number of Players
Youth 12-18 Years	11
Senior (Men & Women)	11

### 4. AGE RESTRICTIONS

- (a)** A youth players age eligibility will be determined by the age they are turning during the calendar year of competition.



- (b) A player must be turning 15 in the year of competition to play in the Senior Men's Grades. Players born in the year 2010 or earlier may play in the 2025 Tamworth 3<sup>rd</sup> & 4<sup>th</sup> Grade Competitions.
- (c) A female player must have turned 14 years of age prior to the commencement of competition to play in Senior Women's Grades. For the 2025 Women's Competition this date is Saturday 3<sup>rd</sup> May.
- (d) Age Exceptions can be granted to players and must have permission from NNSWF Northern Inland.

### 5. FINALS SERIES

- (a) Finals Series Fixtures for Tamworth 3/4<sup>th</sup> Grade, Tamworth Women's Premier League & Tamworth Youth

WEEK 1				
SF1	Qualifying Final	1 <sup>st</sup> Place Team	V	2 <sup>nd</sup> Place Team
SF2	Elimination Final (Loser Eliminated)	3 <sup>rd</sup> Place Team	V	4 <sup>th</sup> Place Team
WEEK 2				
PF	Preliminary Final (Loser Eliminated)	Loser SF1	V	Winner SF2
WEEK 3				
GF	Grand Final	Winner SF1	V	Winner EF

- (b) Finals Series Fixtures for Tamworth Women's Reserve Grade

WEEK 1				
SF1	Elimination Final (Loser Eliminated)	1 <sup>st</sup> Place Team	V	4 <sup>th</sup> Place Team
SF2	Elimination Final (Loser Eliminated)	2 <sup>nd</sup> Place Team	V	3 <sup>rd</sup> Place Team
WEEK 3				
GF	Grand Final	Winner SF1	V	Winner SF2



(c) NNSWF Northern Inland reserve the right to determine the venue for all Tamworth Competition Final Series Fixtures.

(d) NNSWF Northern Inland reserves the right to schedule Tamworth Competition Final Series at their sole discretion, taking into account all other Matches in Northern Inland Competitions.

(e) If winners for Finals Series Matches outlined in Rule 5.3(a), Weeks 1-3 cannot be determined at the conclusion of normal time, then the following will occur immediately after the conclusion of the match:

(i) Extra time of 2 equal periods will be played in accordance with FIFA Law 8.

(ii) If at the conclusion of both periods of extra time, a winner has not been determined, penalty kicks will be taken in accordance with FIFA Laws of the Game to determine a winner.

(f) The periods of extra time for each age grade / division in regard to Rule 5.3(d,i) are as follows:

Competition	Periods of Extra Time
Senior Competitions (Men's/Women's)	2x 10-minute periods
Under 15/16	2x 10-minute periods
Under 14	2x 7.5-minute periods
Under 13	2x 7.5-minute periods
Under 12	2x 7.5-minute periods

(g) NNSWF will determine the Venue, kick-off time and playing date of all Northern Inland Premier League Grand Finals at its sole discretion.

## 6. FINALS ELIGIBILITY

### (a) Senior Finals Eligibility

(a) The grade a Player has played their highest percentage of their Matches in is the lowest grade in which they are eligible to participate in the Final's Series.

(i) A Player is eligible to participate in the lowest grade they qualify for in accordance with rule 6.1(a) and any grade above.

(ii) For the avoidance of doubt, percentage is calculated based on the number of individual games the Player has played, and not the number of games the Team has participated in.

(iii) Should a player have played an equal percentage of their Matches in all grades they participated in, they will be considered eligible to participate in those grades.



(iv) In the event of low numbers in the Final Series, any 15/16-year-old player who has not met the eligibility requirements for Senior Finals stated above, may be called upon to play Finals Football for any Senior Division.

(b) The highest grade in which a Player takes the field as a part of the starting 11, will be considered to be the grade in which that Player has participated in for that round.

(c) Subject to any suspension and/or age eligibility a Player is eligible to participate in the grade they have qualified for and grades above.

(d) Club may seek special dispensation for the specialist position of Goalkeeper. All requests will be considered on an individual basis by NNSWF Northern Inland.

### **(b) Youth Finals Eligibility**

(a) Youth players shall be eligible to participate in the final series in:

(i) The team that they are registered.

(ii) Any higher age youth team, from the same club, by a maximum of 2 years.

(b) Youth players playing into senior competitions are subject to the same final's eligibility as senior players for senior competitions. Playing in a senior competition does not affect their ability to play their youth finals series fixtures

## **7. MOVEMENT BETWEEN AGE GRADES/DIVISIONS**

(a) Where clubs have teams competing in different age groups/division, payers may fill in for these teams during the season. There is no limit to have many times these players may fill in.

### **(b) Tamworth Youth Competitions**

(a) When a player plays for a club team in a division with more than one team from the same Club, they are considered a member of that team and may not play for any other of their Club's teams in that same division.

(b) A youth player may play up, to fill in for a club team, a maximum of two (2) age grades (i.e. a 12-year-old player may fill in for the club's team in the 13 years and 14 years competition.)

### **(c) Tamworth Men's Senior Competitions**

(a) Players may fill in for other teams, in other divisions, for the club during the season but are reminded that finals eligibility applies.

(b) When a player plays for a club team in a division with more than one team from the same Club, they are considered a member of that team and may not play for any other of their Club's teams in that same division.

(c) A player must not play back more than one division per round.



- (i) Where a club does not have a team in the division immediately below, players may play back into the next available division.

(d) A player registered to a Women's team may play into their club's team in a Men's competition. Subject to any restrictions that otherwise apply.

**(d) Tamworth Women's Senior Competitions**

(a) When a player plays for a club team in a division with more than one team from the same Club the following rules apply

- (i) Any club with two teams in the Women's competition will be required to identify their teams as 1<sup>st</sup> and 2<sup>nd</sup> teams
- (ii) Prior to the commencement of the season the clubs in question must nominate a minimum of 7 players who can only play for their 1<sup>st</sup> team and will not be permitted to play in their 2<sup>nd</sup> team
- (iii) Remaining players to be permitted to play in either 1<sup>st</sup> or 2<sup>nd</sup> team throughout the season

## 8. YOUTH PLAYING INTO SENIOR COMPETITIONS

- (a) Playing into a senior competition does not affect a youth players eligibility to play in their youth team.
- (b) A youth player may play into a senior team and will be considered a senior player for that team. They will be subject to the same restrictions (finals eligibility) that apply to senior players in that competition.
- (c) When a youth player plays for a club team in a division with more than one team from the same Club, they are considered a member of that team and may not play for any other of their Club's teams in that same division.

## 9. MATCH DURATION

**(a) Tamworth Senior Competitions**

Competition	Match Duration	Half-Time Interval
Women's Premier League	2x 45-minute halves	10-minute (max)
Women's 2 <sup>nd</sup> Division	2x 45-minute halves	10-minutes (max)
3 <sup>rd</sup> Grade	2x 45-minute halves	10-minute (max)
4 <sup>th</sup> Grade	2x 45-minute halves	10-minute (max)

**(b) Tamworth Youth Competitions**

Competition	Match Duration	Half-Time Interval
Under 12	2x 25-minute halves	10-minute (max)
Under 13	2x 30-minute halves	10-minutes (max)





Under 14	2x 30-minute halves	10-minute (max)
Under 15/16	2x 35-minute halves	10-minute (max)

### 10. MATCH BALLS

(a) Match ball sizes:

Age Group	Match Ball Size
10-13 Years	Size 4
14yrs+	Size 5

(b) Referees will supply a match ball for every fixture.

(c) In the event the referee does not have a match ball, the Home team will supply a match ball for the fixture.

### 11. TEAM OFFICIAL & TECHNICAL AREA

#### 11.1. All Competitions

(a) Clubs will be permitted to allow a maximum three (3) registered Team Officials and five (5) registered substitute Players in the Technical Area during the fixture:

(i) All Team Officials and substitute Players must be named on the Official Match Card.

(b) A Player or Team Official who has been expelled or is serving a suspension is not permitted in the Technical Area during a fixture in accordance with Regulation 32 of 2024 Northern NSW Football – Northern Inland Competition Regulations.

### 12. INTERCHANGE OF PLAYERS

#### 12.1 Unlimited Interchange

(a) A team is permitted to list a maximum of five (5) interchange players on the match card and may make an unlimited number of interchanges during a fixture.

### 13. RESCHEDULED FIXTURES

#### 13.1. Tamworth Senior Competitions

(a) Where practical in the view of NNSWF Northern Inland, matches will be rescheduled as midweek matches as priority, or a Sunday agreed upon by clubs and NNSWF.

(b) If no practical alternative is available to play the match, NNSWF Northern Inland at its discretion may declare the match cancelled in line with Regulation 25.2

(c) Postpone fixtures for any other causes must be rescheduled and replayed within 3 weeks of the original postponement.



- (i) It is the responsibility of the 'Home' Club to liaise with the 'Away' club to determine reschedule dates for all postponed fixtures and notify the Competition Administrator.
- (ii) The Competition Administrator must be notified of the rescheduled date 7 days prior.
- (iii) Should the clubs involved in the postponed fixtures be unable to agree on a suitable date and time NNSWF Northern Inland will determine the playing date and time of the fixture at its discretion.

### 13.2. Tamworth Youth Fixtures

- (a) Fixtures postponed due to inclement weather in the first instance be rescheduled to the next available catch-up round, if the competition has a designated round.
- (b) Should there be no available catch-up round, matches will be rescheduled as midweek matches as priority, or a Sunday agreed upon by clubs and NNSWF Northern Inland.
- (c) If no practical alternative is available to play the match, NNSWF Northern Inland at its discretion may declare the match cancelled in line with Regulation 25.2
- (d) Postpone fixtures for any other causes must be rescheduled and replayed within 3 weeks of the original postponement.
  - (i) It is the responsibility of the 'Home' Club to liaise with the 'Away' club to determine reschedule dates for all postponed fixtures and notify the Competition Administrator.
  - (ii) The Competition Administrator must be notified of the rescheduled date 7 days prior.
  - (iii) Should the clubs involved in the postponed fixtures be unable to agree on a suitable date and time NNSWF Northern Inland will determine the playing date and time of the fixture at its discretion.

## 14. WINNERS MEDALLIONS / AWARDS

### 14.1 Tamworth Youth & Senior Competition

- (a) The Winner of the Minor Premiership will be awarded a set of 18 medallions per grade.
- (b) The Winner of the Grand Final will be awarded a set of 18 medallions per grade.
- (c) The Runner up of the Grand Final will be awarded a set of 18 medallions per grade.
- (d) Further medallions may be purchased from NNSWF by a qualifying team, at their own cost.



### APPENDIX A – AWARDS

Award	Grades	Method
Golden Boot	Women's Premier League 3 <sup>rd</sup> Grade	Highest goal scorer during the regular Season.
Golden Glove	Women's Premier League 3 <sup>rd</sup> Grade	Goalkeeper with the most Clean Sheets