



MEMO 09-2026

DATE: Thursday, 29 January
TO: NPL Women's NNSW Clubs
FROM: Premier Competitions Coordinator
SUBJECT: NPL Women's – Roster Submission Windows & Template

For Information or Action	Action required	When	NNSWF Contact	Total Pages
Information & Action	Submit Roster	COB Friday, 13 February	Thom Kane	2

Good morning all,

In lieu of the NPL Women's NNSW 2026 Rules and Regulations being finalised, the information below outlines the process for player roster submissions for the NPL Women's NNSW competition.

Attached to this memo is the template that clubs are required to use when submitting their final player rosters. Clubs are reminded that both the **First Grade and Reserve Grade** tabs within the spreadsheet must be completed in full.

The notes below highlight key requirements that will be reflected in the 2026 Rules and Regulations. There are no fundamental changes from previous seasons.

- The minimum number of Players permitted to be registered per club is 30 (1st Grade and Reserve Grade)
- **Final Roster** – Friday, 13 February 2026 (5:00pm)
- **Mid-Season Window** – Monday, 11 May to Friday, 15 May 2026 (12:00pm)
- Player rosters must be submitted on the template provided by Northern NSW Football.
- Any player over 20 must be registered within the windows to play in the first grade.
- In line with previous seasons, clubs are only permitted to transfer overage players into the First Team Player Roster during the prescribed windows outlined above.
- Clubs will be permitted to register a maximum of 3 A-League Women's Players.
- Any player who is on an A-League contract at the start of the season that you want on your roster, their name must be included on your NPL Women's First Grade Pre-Season roster submitted by Friday, 13 February. The player can be registered with your club once their professional registration finishes but cannot take the field until 30 days after they were last on the team sheet in a professional match.



NORTHERN NSW FOOTBALL

- A-League Women's Players are defined as Players who have registered with a A-League Women's Club in the 2025/26 A-League season.
- Minimum age to play in Senior Grades is 15 years old (must already be 15 years of age).
- All Clubs are required to register and maintain a minimum of 7 Players born 2006 or later, on their Reserve Roster.

If you have any further questions, please don't hesitate to contact NNSWF's Football Operations team.

Kind regards,

Thom Kane

Premier Competitions Coordinator

Northern NSW Football

MEMORANDUM