



Change Room Procedures

There are four team change rooms located within the Lake Macquarie Regional Football Facility. Each team will be allocated to a change room upon arrival at the venue. Change room doors will be labelled to direct teams to the appropriate room.

For the benefit, comfort and ease of transition for all teams, the following change room protocol applies:

- All fixtures:** Teams will have access to their allocated change room one (1) hour prior to kick off.
- Bags/equipment:** All bags and equipment can remain in the change room during fixtures, as the change rooms will be locked by event management.
- Team walk-out procedure:** Teams are required to line up outside the change room five (5) minutes prior to kick off and walk out onto the field of play behind the Match Officials.
- Post-match:** Teams will have access to the change room immediately following conclusion of their fixture, and must vacate the change room within thirty (30) minutes.

Please note above timings are subject to change in the event of extra time and penalties during fixtures.

It is the responsibility of all teams and team managers to ensure that the dressing rooms are kept clean and tidy for the benefit of all participants.

Players sent from the field by the referee during play, must be accompanied to the change rooms by their team manager or team official.

For the benefit of all Westfield FFA Cup participants, all teams are requested to adhere strictly to the above protocols.