

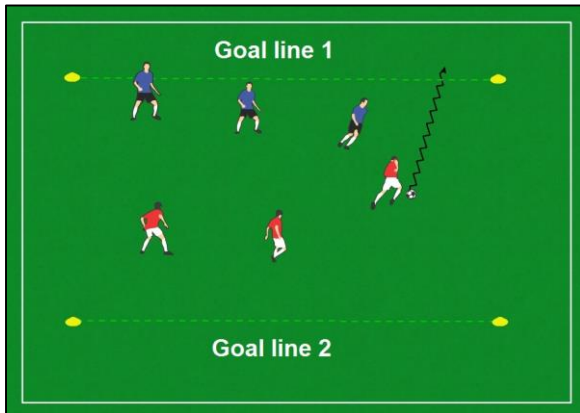


Core skill: 1v1

Difficulty level ★★☆☆

LINE FOOTBALL

End activity



Players are divided into two equal teams and there is one ball for the game.

Each team scores a goal by running with the ball and controlling it over the opposition's end line.

You can also create 'end zones' so players score a goal by running with the ball into that end zone.

Players are encouraged to 'take on' other players in 1v1 situations to get around them and score.

Equipment: Set up an area approximately 30m x 20m with two 'goal lines' or 'end zones'.