

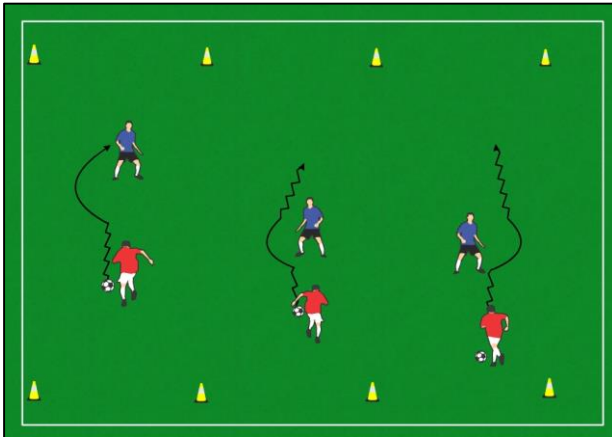


Core skill: 1v1

Difficulty level ★★☆☆

MINI GAMES

Middle activity



Players get into pairs and stand opposite each other. One player has the ball while the other player defends.

The player with the ball tries to dribble around his partner and over the by-line.

They change roles and the defender now has a turn at dribbling to get around his team-mate.

Count how many times can you beat your opponent?

Set Up: In an area approximately 30m x 20m.

Divide the grid into three equal channels.