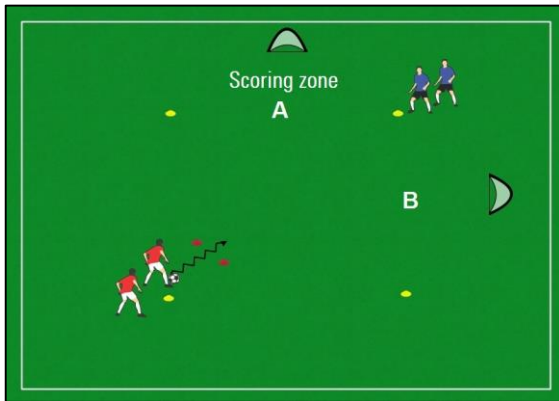




TRICKY GOAL LINES

Middle activity



Players line up on corners diagonally opposite.

The attacking players will enter the square and dribble through the gate in front of them (red)

Now the defender can also enter the square (blue)

The attacking player can choose to run with the ball over end line A or B, and then tries to score in the goal once in the scoring zone.

Players then go to the end of the opposite line.

Set up: In an area 10m by 10m with small goals placed 2-3m behind two of the sides (A & B) there are two cones placed 1m apart for the attacking players to dribble through.