



Core skill: Running with the ball

Difficulty level ★★☆☆

TRAINING GAME

End activity



Players are divided into two equal teams with one match ball.

In this game players score by passing/ shooting the ball through either side of the gate, from in front or behind the goal.

Set up: In an n area approximately 30m by 20m. There are two gates approximately 2-3m wide at each end.