

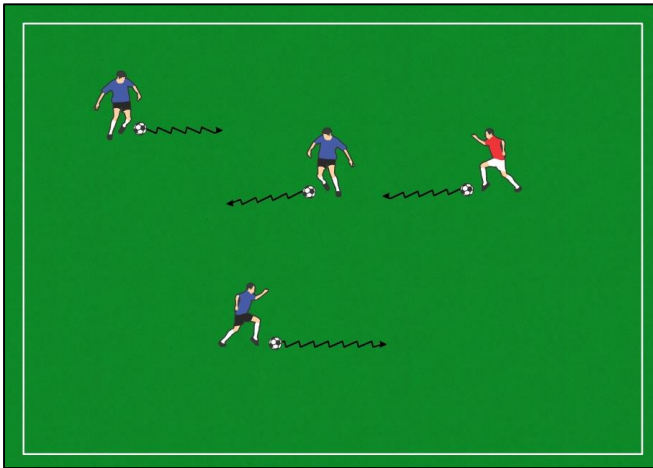


Core skill: Running with the ball

Difficulty level ★☆☆

DRIBBLE TAG

Middle activity



Players have a ball each and dribble freely inside the square.

A 'chaser' is nominated and tries to tag the other players while keeping control of their own ball. The other players avoid the chaser while keeping control of their ball.

Once a player is tagged they now become the chaser.

Set up: In an area approximately 10m by 15m, each player has a ball each, the chaser wears a different colour bib.