

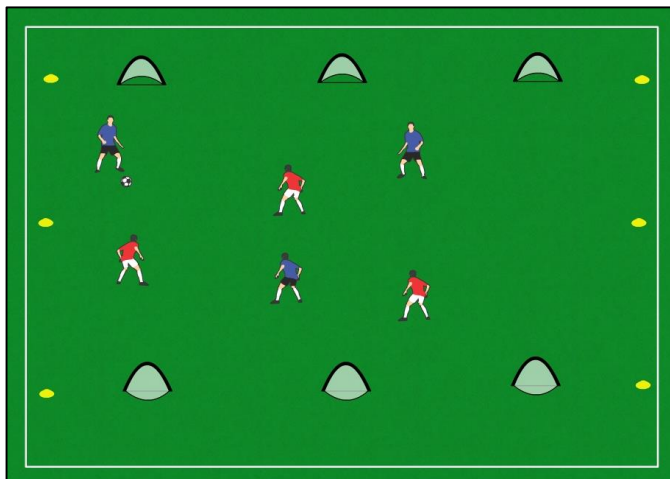


Core skill: Striking the ball

Difficulty level ★★☆☆

6 GOAL FOOTBALL

End activity



Players are divided into two equal teams with one match ball.

Normal game rules apply however teams now have three goals to score in encouraging more passing and shooting.

Have spare balls close by to replace the match ball quickly and keep the game going.

Set up: Set up an area approximately 15m by 20m. There are three goals placed on each by-line.