

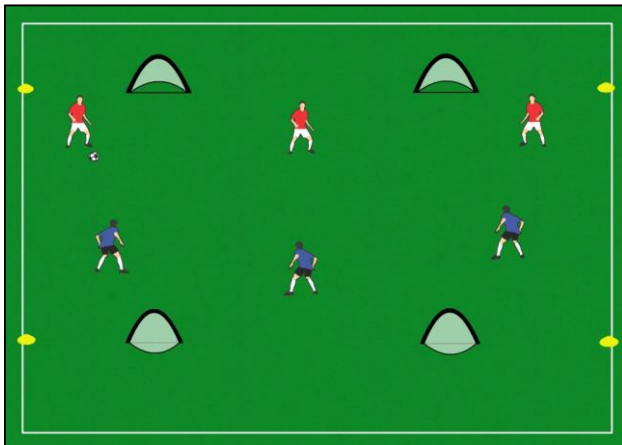


Core skill: Striking the ball

Difficulty level ★★☆☆

SHORT & WIDE

End activity



Players are divided into two equal teams with one ball for the game.

The same rules as a normal game apply but now teams can score in two goals instead of just one.

Players are encouraged to pass the ball sideways before going forward.

Set Up: On a field 15m by 25m with two goals at each end.

There are two teams and one ball.