



2019 Westfield National Youth Championships for Girls Parent Information

Stadium Facilities

C.ex Coffs Harbour International Stadium is a first class sporting facility with a playing surface much larger than many other stadia in Australia. This playing surface accommodates two full size football fields inside the stadium, with spectators able to clearly view both fields from the main grandstand.

The quality of the C.ex Coffs Harbour International Stadium playing surface is a key feature of the venue, consistently attracting excellent reviews from players and coaches alike.

There are four team change rooms located underneath and on either side of the grandstand as well as a full sized change room for match officials.

A fully stocked canteen is located on the upper level of the grandstand, providing a large range of hot and cold food together with hot and cold drinks. 'The Hub, located behind the grandstand, will also be in attendance specialising in coffees, tea, milkshakes and smoothies.

The stadium is located south of the Coffs Harbour central business district with travel times for most teams limited to 20 minutes or less. Ample parking is available for all teams and spectators.

Airport

Coffs Harbour Airport is situated 5 minutes from the International Stadium and within 20 minutes travel from the central business district and most accommodation.

Championship Fixtures

All fixtures are scheduled to be played inside the stadium with the 14 Years fixtures on Field 1 and 15 Years fixtures on Field 2.

Results/Points Tables

All results and updated points tables will be recorded daily and available for easy reference on TV screens located outside the Ground Announcer Box on the upper level of the Northern and Southern grandstand.

Results and tables will be available to view on the [NNSWF website](#), [Twitter](#) and [Facebook page](#) and will also be forwarded daily to all states and media outlets.

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Wet Weather

C. ex Coffs International Stadium is fitted with advanced drainage systems and is able to cope with most wet weather conditions.

St John Ambulance

St John Ambulance will be in attendance for the duration of the Championships and will be located in the first aid room on the ground level, at the northern end of the stadium.

Merchandise Shop

A range of merchandise will be available during the Championships including an official National Youth Championships shirt. The First Touch Football Supplies store will be located below the Northern Grandstand across from 'The Hub' Café. EFTPOS available in store.

Accommodation

Whether you want to sleep near the beach, in the city centre, or in a rural hinterland setting, Coffs Coast has a large selection of hotels, motels, holiday and caravan parks, resorts, B&Bs and self-contained accommodation for you to select and book online at www.coffsc Coast.com.au.

Things to See and Do

Tours and Attractions

Besides surfing and rafting, there are sky dives, rides in beach buggies, helicopters, go-karts and on mountain bikes, personal encounters with dolphins or butterflies, banana and clog-themed attractions and much more.

Activities

Coffs Coast offers many activities including fishing, bushwalking, cycling, diving, boating, bird and whale watching. You could also browse galleries, museums, boutiques and markets, dine at award-winning restaurants or check out the entertainment.

Experiences

From nature expeditions to great road journeys, activities for couples or families to cultural pursuits, you'll find a Coffs Coast experience to remember.

For more information please visit www.coffsc Coast.com.au.

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Launderettes

Jetty Village Launderette

Ground floor, Jetty Village Shopping Centre
Will pick up and deliver overnight - prior booking essential
P 02 6652 1574

Northside Coin Operated Laundry

Park Beach Road, Coffs Harbour
P 0400 583 359

Coffs Harbour Self Service Laundry

71 Grafton Street, Coffs Harbour
P 02 6652 1575

Bains Laundries

5 Industrial Drive, Coffs Harbour
P 02 6652 4251

Hospitals

Coffs Harbour Health Campus

345 Pacific Highway, Coffs Harbour (South of Town)
P 02 6656 7000

Medical Centres

Coffs Harbour GP Super Clinic

Stadium Drive, Coffs Harbour
Open Monday-Friday 8:00am-7:00pm, Saturday-Sunday 9:00am-6:00pm
P 1300 364 375

Coffs Harbour & District After Hours Medical Centre

Shop 28/30 Northside Shopping Centre
Park Beach Road, Coffs Harbour
Open Monday-Friday 6:00pm-9:00pm, Saturday 1:00pm-8:00pm, Sunday 9:00am-8:00pm
P 02 6652 3055

Park Avenue Medical Centre

Park Avenue, Coffs Harbour
Open Monday-Friday 8:30am-5:00pm, Saturday 8:00am-10:30am
P 02 6652 4211

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Dentists

Park Beach Dental

Park Beach Road, Coffs Harbour
P 02 6652 3578

The Dental Centre

Market Street, Coffs Harbour
P 02 6652 3344

Fresh Dental Care

Harbour Drive, Coffs Harbour
P 02 6651 1350

Physiotherapists

Martin Giles Sports Injury & Physio Centre

Albany Street, Coffs Harbour
P 02 6652 7451

Coffs Coast Sports Physiotherapy

Albany Street, Coffs Harbour
P 02 6651 9622

Park Beach Physiotherapy and Sports Injury Clinic

Park Beach Road, Coffs Harbour
P 02 6651 6477

Pharmacies

Blooms Chemist

Toormina Road, Toormina
P 02 6653 1444

Good Price Pharmacy Warehouse

Pacific Highway, Coffs Harbour
P 02 6651 1800

Jetty Village Pharmacy

Harbour Drive, Coffs Harbour
P 02 6652 3087

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Terry White Chemists
Park Beach Plaza, Coffs Harbour
P 02 6652 4188

Shopping Centres

Park Beach Plaza
Pacific Highway/Park Beach Road, Coffs Harbour

Coffs Central Shopping Centre
Harbour Drive, Coffs Harbour

Toormina Gardens
Toormina Road, Toormina

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