



RETURN TO PLAY – SUMMARY

LEVEL C

Northern NSW Football is following and implementing the AIS's 'Framework for Rebooting Sport' with its three levels A, B and C. These levels can be succinctly summarised with the below graphic depicting a traffic light system of 'stop, get ready, go';



LEVEL B – RETURN TO TRAIN

On 21 May, and in line with the NSW Government's updating of the Public Health Order (of 15 May 2020), Northern NSW Football lifted the 'temporary suspension' as it related to training. At this time, it released its Return to Training Guidelines and a series of resources for Associations, Clubs, Teams, Players and Parents to follow and implement. The conditions set out in that document were in line with government directions at the time.

LEVEL C – RETURN TO PLAY

These 'Return to Play Resources' are the next level, and provide for the resumption of full competitive matches and other football activities at all ages and for all levels across the various leagues and competitions in New South Wales.

LEVEL B – TRAINING	LEVEL C – PLAYING
Football training to be conducted in small groups of no more than 20 people (including coaching personnel)	Full training allowed, including one-on-one tackling and games
No football games – training, friendly or competitive – are permitted	Full competitive matches permitted within the Laws of the Game
No contact (e.g no tackling or challenges) permitted	Training/friendly matches allowed through appropriate sanctioning of Competition Administrator
Minimise sharing of equipment such as footballs, cones, skipping ropes, weights, agility training	Full football activities conducted at all levels (MiniRoos, 7v7, 9v9 or 11v11) including development programs
Social distancing of 1.5 metres between players	Team benches organised to ensure 1.5 metres between coaching staff & substitutes
Use of Changerooms is not permitted	Match fixturing and pitch allocations to be arranged to maximise spaces between pitches
No use of communal facilities (eg gym)	Social distancing of 1.5 metre between spectators (e.g. parents)
	Changerooms and/or wet areas limited to essential players and team staff. Limited to max. 1 person per 4m²
	Full use of sporting facilities is permitted

Stop the spread and help us stay on the pitch.
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