



## Premier Youth Cup – Key Details

- **Match Length:** 2 x 25min halves
- **Half time:** 5 mins
- **Number of players on the field:** 9 v 9
- **Number of players permitted on team sheet:** 16
- Interchange is applied as per normal youth matches
- **Points are allocated as follows:**
  - **Win:** 3 Points
  - **Draw but win via shootout:** 2 points
  - **Draw but lose via shootout:** 1 point
  - **Loss:** 0 points
- **All FIFA Laws of the game are applied with the exception of:**
  - **Offside** – there is no offside in Premier Youth Cup
  - **GK Kick outs:** GK's are not allowed to drop kick the ball (indirect freekick awarded)
  - **Penalty Shootout** – See below

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## Penalty Shootout

### Shootout Procedure

- Both teams get 3 penalties each
- If level after 3, move to sudden death
- **Players have 10 seconds to run from centre spot**
- Referee will whistle to start the 10 seconds
- Penalty is concluded when either:
  - A goal is scored
  - The ball goes out of play
  - The goalkeeper gains full possession
  - After 10 seconds
  - A foul is committed by either team
- Referee must blow their whistle when any of the above happens

### Fouls During the shootout

- If the goalkeeper commits any kind of foul inside the 10 seconds and a goal is not scored, the penalty is retaken and the goalkeeper is shown a yellow card.  
If it is a second yellow card the GK is sent off and can be replaced  
By another player.
- If the penalty taker commits any foul inside of the 10 seconds, the penalty will be deemed to be complete and the referee will blow their whistle.

### Who can take penalties?

- Only players on the field at full time are permitted to take penalties.